



**Sunday Seminars**  
with Rabbi Yaacov Benamou  
10:00 a.m. - 4:00 p.m.

Sunday Seminars with Rabbi Yaacov Benamou

**Understanding the Jewish Prayer Service** 1/17/10

This seminar is for anyone who has ever felt lost, uninspired or simply untouched by the Jewish prayer service. Learn the structure, significance and “mapping” of the morning service to make your prayers personally inspiring and meaningful.

**Keeping Kosher: How & Why** 1/24/10

Thinking about keeping kosher but don't know where to begin? This seminar is for those who are contemplating kashrut, or for those who keep kosher but want a greater understanding of the how, the why and the what to do “when.”

**Classic Kabbalah 101** 1/31/10

The ancient mystical tradition of Judaism known as Kabbalah explores the deeper questions of life, the nature of God, creation and the spiritual world beyond our senses. This text-based class in Kabbalah brings a spiritual richness and beauty to the learning of Torah and an appreciation for the multi layered depth of the “big questions” addressed by the mystical tradition in Judaism.

**The Gift of Shabbat** 2/7/10

Explore the deep dimension of the holiday that has defined the Jews since antiquity. Unravel the Shabbat definition of rest and see how one-seventh of your week can be transformed by holiness.

**The Oral Tradition** 2/21/10

When we speak of Torah, we refer to both the Written Law and the Oral Law. How do we define these distinctions, and how can we trust the integrity of knowledge that has passed orally? Learn how the Oral tradition has developed from Mount Sinai to today and how this corpus of knowledge has passed intact through the ages.

**Classic Kabbalah 102** 3/7/10

Explore the concepts presented in Kabbalah 101 in greater depth & detail. Topics include Kabbalistic perspectives on heaven and hell, death and reincarnation, the Ten Sefirot and the multiple universes. Prerequisite: Kabbalah 101

**Passover: From Preparation to Perfection** 3/21/10

Leap into Pesach prepared and motivated with a structure to guide you through every step of the holiday, from preparation of home to hosting a Seder. This seminar combines both practical steps and theoretical background to bring ease, inspiration and meaning to the holiday.



To register for a seminar or lecture, complete the form and send with payment to address below. See back of card for payment by credit card. Registration may also be made via PayPal at [www.jewishroc.org](http://www.jewishroc.org)

**SUNDAY SEMINAR SERIES, 10:00 A.M. - 4:00 P.M.**

Includes lunch & materials

**Full Sunday Seminar Series**

(includes 7 seminars)

- \$360 member; \$450 nonmember

**Individual Sunday Seminars**

**\$60 each member; \$75 each nonmember**

- Understanding the Jewish Prayer Service 1/17/10
- Keeping Kosher: How & Why 1/24/10
- Classic Kabbalah 101 1/31/10
- The Gift of Shabbat 2/7/10
- The Oral Tradition 2/21/10
- Classic Kabbalah 102 3/7/10
- Passover: Preparation to Perfection 3/21/10

**WEDNESDAY LECTURE SERIES, 7:00 - 9:00 P.M.**

**Full Wednesday Lecture Series**

(includes 10 lectures)

- \$75 member; \$100 nonmember

**Individual Lectures**

**\$10 member; \$12 nonmember**

- The Journey of the Soul after Death 1/20/10
- Mystery of Torah Script 1/27/10
- Sacrifice & the Temple 2/3/10
- Maimonides 2/10/10
- Messiah, Resurrection & Redemption 2/17/10
- Introduction to Talmud 2/24/10
- The Power of Psalms 3/3/10
- Free Will and a God that Knows All 3/10/10
- The Jewish Library 3/17/10
- The Cycles & Rhythms of Jewish Time 3/24/10

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